



St Paul's C.E. First School
Newsletter ~ Friday 2nd February 2018
Tel. 01902 790253 Email: office@st-pauls-coven.staffs.sch.uk

School News

This week we welcomed Mr Hyett into school for our assembly on Monday for him to talk to us about the holiday club he will be running at St Paul's over the half-term. The children went away excited about the club. More information can be found in the flier attached to this newsletter. Could we please remind parents to ensure that their children have outdoor PE kits in school for their outdoor sessions? Many thanks.

PE Lessons

Just a quick reminder to parents that PE is a compulsory subject that children must take part in. If your child cannot take part in a PE lesson, you must send a letter into the class teacher, stating the reason why. It is not acceptable to leave messages with the staff on the gates or to call the office. If your child is not taking part in PE lessons for a number of weeks and for the same reason, we would expect some medical confirmation from a doctor as to why the child cannot take part. PE lessons will take place outside unless the weather is especially cold or icy. Please read the attached information about the benefits of outdoor lessons.

Worship Compassion

This week in Worship, we have looked at showing compassion to neighbours in need.

The children have reflected on the Christian belief that all people in need are our neighbours. We have looked in particular at refugees in this country.

Prayer of the Week

Dear Lord,

Help us to look after children who set foot in our country for the very first time.

May they experience love, warmth, welcome and kindness.

At the end of their journey, we pray that they become one of us.

Amen

Water Poster Competition

Following Miss Jones' assembly, she has asked the children to design posters to display around school about the benefits of drinking water.

There will be a winner and runner-up for each Key Stage (Nur & Rec / Y1 & Y2 / Y3 & Y4). Closing date for entries is Monday 12th February. Please ensure entries are named.

British Values

This week's British Values focuses on Democracy. We will be looking at this in school but invite parents to share these images with their child at home. Children are invited to send in any work that they may have done at home to go on our British Values display board.

British Values
29th January – 4th February
Democracy

The UK is one of the most privileged countries in the world. Living in a democracy means we have many choices, including a say in how money is spent to help us all with things like education and healthcare. Not all countries are able to offer such benefits.

Picture News



Star of Week

Well done to our stars of the week. Their teachers have been really impressed with their work.



Nursery - Charlie W. for being enthusiastic when learning and writing his sounds in Phonics.

Reception - Lexie C. for always showing positive learning behaviour in Phonics.

Year 1 - Amar for an excellent retell of The Little Green Dinosaur.

Year 2 - Rosie for challenging herself in Maths and working hard.

Year 3 - Gracie-Leigh for having an excellent attitude to learning and always trying her best.

Year 4 - Charley J. for a super effort in all of his learning this week.

World Book Day

World Book Day is on Thursday 1st March. Children are invited to come to school dressed as their favourite book character on that day.

Safer Internet Day—Tuesday 6th February



Weekly Attendance

Monday 29th January to Friday 2nd February.

Reception - 98%

Year 1 - 98%

Year 2 - 98%

Year 3 - 98%

Year 4 - 99%

Well done to Year 4, the class with the highest attendance this week.

Year 2 SATs Information Sessions for Parents

Mrs Richards will be holding some information sessions for parents about the Year 2 SATs. These sessions will be on Tuesday 27th February at 9:00am and 4:30pm. The morning session is repeated in the afternoon so parents do not need to attend both.

Inset Days 2018-2019

The inset days for next year at St Paul's are:

Monday 3rd September 2018

Tuesday 4th September 2018

Friday 26th October 2018

Friday 15th February 2019

Monday 22nd July 2019

Reading Books

From Monday 5 February, reading books will be changed on Mondays and Thursday for the whole school.

REMINDER—Thursday 15th February

Children in Nursery and Reception can come to school dressed as their favourite fairy tale character on the last day before half term, for a magical fairy tale topic day.

Reception Writers of the Week

Well done to Sophia and Ella who are this week's Writers of the Week.

Pobble

Well done to this week's published authors:

Year 1 - Maty and Holly

Year 2 - James, Beatrice and Lucy

Year 3— Isabelle

Year 4— Charley J.

School Association

Many thanks to the School Association for funding our new Science resource, Love to Investigate. This new resource is an exciting pack of Science investigations which fit in alongside our new Topic planning. We are already looking forward to our first Science week, week beginning 12th February.

5 Reasons to Have Outdoor PE Lessons

Kids, on average, don't play outside as much as their parents did. Children spend more than six hours every day on screens, from televisions to tablets. Even school settings offer more screen learning than a decade ago. All of that technology has its place and purpose, but without opportunities to get outside, children face issues like obesity, inability to focus, and even depression.

Taking a PE class outside accomplishes two things: children's exposure to fresh air and sunshine, and a connection to nature through exercise. Both can combat that six-hour screen time statistic and impart skills that encourage healthier lifestyles in children.

Take a look at the major reasons why children should take part in PE classes outside whenever possible:

1. Improved Mood

Kids, by nature, don't belong indoors all day long. Studies have found that exercise that happens outside incites greater feelings of rejuvenation and energy. Getting outdoors is refreshing, especially since only 10% of children say they spend time outside each day. Vitamin D3 absorption releases feel-good endorphin hormones, boosting mood and elevating brain health. In fact, 90% of kids who spend time outside say it relieves stress. Having the release that goes along with all of that running, jumping, and enjoying the outdoors improves behaviour and outlook for the rest of the day, and beyond.

2. More Activity

There is evidence that exercise that happens outside is physically better. In other words, doing the same activities inside and out can have very different results. A study that looked at runners who used a treadmill inside versus those who ran the same distance outside found that the outdoor people used more energy to account for things like wind direction and uneven surfaces. The elements outdoors makes working out there harder. Students in a PE class that meets outside will burn more calories and work harder than those in a class that lasts the same amount of time inside.

3. Greater Enjoyment

When kids can associate their exercise routine with something else they enjoy like going outside, there is a better chance they will want to repeat the activity. A PE class that happens outdoors has the added perk of getting outside the school walls, which is a task that is normally reserved for playtimes. Teaching kids the connection between physical health and enjoying nature has the potential to increase their motivation for fitness activities for life.

4. Heighten Environmental Awareness

A PE class that happens outside offers opportunities for cross-discipline learning. Reports show that children who spend time outside are more connected to and invested in the planet. Even if the only time students spend outdoors is less than an hour in your class every week, this time matters from an environmental standpoint.

5. Opportunities for Creativity

When adults walk into a gym, the equipment is already prescribed. The treadmills are in one spot, the free weights in another, and the exercise classes in a designated room. The same is true for a PE class that is held inside. The equipment may change based on class but there is less room for kids to create their own fitness routines. Going outside frees the creative process to work in bigger ways and removes the limits from what kids can accomplish during the learning process. Try to offer a mix of instructional activities and some exercise that allows kids to make decisions. This builds greater ownership of fitness for the children who find their own path to enjoying it.

Creating an outdoor PE lesson plan combines fresh air and fitness in a way that kids will embrace. The allure of a class outside is a luxury for many students and PE is the perfect area to accommodate it.



TECH TIGERS HOLIDAY CLUBS

HOSTED AT
ST PAUL'S C OF E FIRST SCHOOL, COVEN, WV9 5AD

MON 19TH FEB - FRI 23RD FEB

HALF DAY - £16/CHILD

08:30-12:00 or 12:00 -15:30

SCHOOL DAY - £28/CHILD

08:30 - 15:30

FULL DAY - £36/CHILD

08:30 - 17:00

CHILDREN WILL
DEVELOP SKILLS IN
CODING AND ROBOTICS,
FILM-MAKING AND GREEN
SCREEN, STOP-MOTION
ANIMATION, DIGITAL
MUSIC, ART & DESIGN

DELIVERED BY A
QUALIFIED TEACHER
SPECIALISING IN
COMPUTING

STAFF DBS CLEAR

AVAILABLE TO
CHILDREN
AGED 5 TO 13
YEARS



**50% OFF SECOND CHILD
75% OFF THIRD CHILD**

SIBLING DISCOUNTS



@TECHTIGERSHOLIDAYCLUB



@TECHTIGERSCLUB

HOLIDAYCLUBS@HYETTEDUCATION.COM

MORE INFO & BOOKING AT HYETTEDUCATION.COM

St Paul's Term Dates and INSET Days for September 2018 to July 2019

Autumn Term 2018

INSET Days: Monday 3rd and Tuesday 4th September

Term starts: Wednesday 5th September

INSET Day: Friday 26th October

Half Term: Monday 29th October - Friday 2nd November

Term ends: Friday 21st December

Holiday: Monday 24th December - Friday 4th January

Spring Term 2019

Term starts: Monday 7th January

INSET Day: Friday 15th February

Half Term: Monday 18th February - Friday 22nd February

Term ends: Friday 12th April

Holiday: Monday 15th April - Friday 26th April

Easter Sunday: Sunday 21st April

Summer Term 2019

Term starts: Monday 29th April

May Day: Monday 6th May

Half Term: Monday 27th May - Friday 31st May

Term ends: Friday 19th July

INSET Day: Monday 22nd July

Holiday: Tuesday 23rd July - Friday 30th August

INSET Days 2018-19

Monday 3rd September 2018

Tuesday 4th September 2018

Friday 26th October 2018

Friday 15th February 2019

Monday 22nd July 2019

Diary Dates

February

Tuesday	6th	February	Safer Internet Day
Thursday	8th	February	Year 2 Parent Workshop—2:50pm
Monday	12th	February	Year 4 Parent Workshop—1:30pm—Play Script Workshop
Tuesday	13th	February	NSPCC Online Safety Parent Workshop—5pm
Thursday	15th	February	Nursery & Reception—Dress Up Day—Magical Fairy Tale Day
Thursday	15th	February	Year 3 Work Showcase at 2:15pm—Parents in Y3 are welcome into school
Friday	16th	February	INSET Day for Staff—School closed for children
Monday	26th	February	School reopens to children
Monday 26th February	to	Friday 2nd March	Book Fair at St Paul's—8:30 am before school and 3:15—3:45pm after school
Tuesday	27th	February	Deadline for ordering Mother's Day Lunches—letters to follow
Tuesday	27th	February	Year 2 Parent Workshop—SATs Information session—9:00am / 4:30pm

March

Thursday	1st	March	World Book Day—children to dress up as book characters
Monday	5th	March	Deadline for Year 2 Grandparents to order lunches for 14th March
Tuesday	6th	March	Mother's Day Lunches for Nursery & Reception
Tuesday	6th	March	Parents' Evening—letters to follow
Wednesday	7th	March	Dance Show rehearsal at Wolgarston—Years 3 and 4—details to follow
Wednesday	7th	March	Mother's Day Lunches for Year 1 and Year 2
Thursday	8th	March	Mother's Day Lunches for Year 3 and Year 4
Friday	9th	March	Mother's Day Services in school—details to follow
Friday	9th	March	School disco—5:00pm for Nur/Rec/Y1 and 6:15pm for Y2/3/4
Wednesday	14th	March	Dance Show at Wolgarston—morning and evening performance—Y3/4
Wednesday	14th	March	Year 2 Grandparents Lunches—12:00pm
Monday 26th March	to	Wed 28th March	Year 4 Residential Trip to Laches Wood
Thursday	29th	March	Easter Service at St Paul's Church—2:00pm
Thursday	29th	March	School closes for Easter Holidays

April

Thursday	12th	April	INSET Day—School closed to children
Friday	13th	April	INSET Day—School closed to children
Monday	16th	April	School reopens for the Summer Term
Friday	20th	April	Year 4 Class Assembly for parents about Laches Wood Trip—2:30pm